

Thursday 7th March



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World Book Day

Night Shift

Author: Debi Gliori

Illustrator: Debi Gliori

Ages
10-11

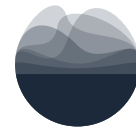


Hope & optimism

With stunning black and white illustration and deceptively simple text, author and illustrator Debi Gliori examines how depression affects one's whole outlook upon life, and shows that there can be **hope & optimism** - it may not be easy to find, but it is there.



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My Dads a Birdman

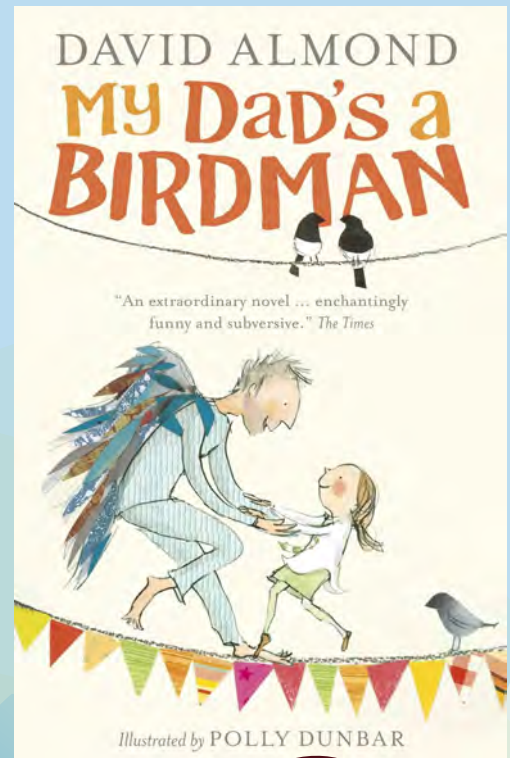
Ages
7-10

Author: David Almond
Illustrator: Polly Dunbar

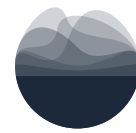
Lizzie and Dad live in a rainy town in the north of England. It's just the two of them, and Auntie Doreen, who pops round to check Lizzie's spellings and tell Dad he's daft. But today there's something unusual going on: why is Dad building himself a pair of wings and studying the birds to see how they fly? How do Lizzie and her Dad use **hope & optimism** to keep them going?



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Ages
8-11

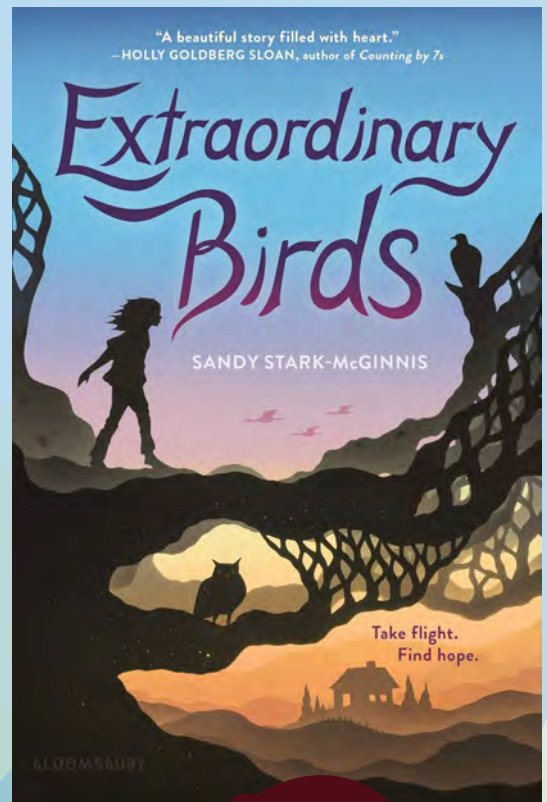
Extraordinary Birds

Author: Sandy Stark-McGinnis

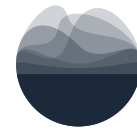
Eleven-year-old December knows everything about birds, and everything about getting kicked out of foster homes. All she has of her mom is the bird guide she left behind, and a message: "In flight is where you'll find me." December believes she's truly a bird, just waiting for the day she transforms. The scar on her back is where her wings will sprout; she only needs to find the right tree and practice flying. As you follow December's story think about how **hope & optimism** helps her along the way.



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The Night Animals

Ages
9-11

Author: Sarah Ann Jukes
Illustrator: Sharon King-Chai

Nora's mum has good days and bad days, but the bad days are getting worse. It's been just the two of them for always, and they don't need anyone else. When the rainbow-shimmering ghost animals Nora used to see when she was small start to reappear, she's convinced that they hold all the answers. Along with new friend Kwame, Nora follows a glittering ghostly fox, hare, raven and otter on the adventure of a lifetime, helping her to find **hope & optimism** and strength she needs to help her family.



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Maybe Tomorrow?

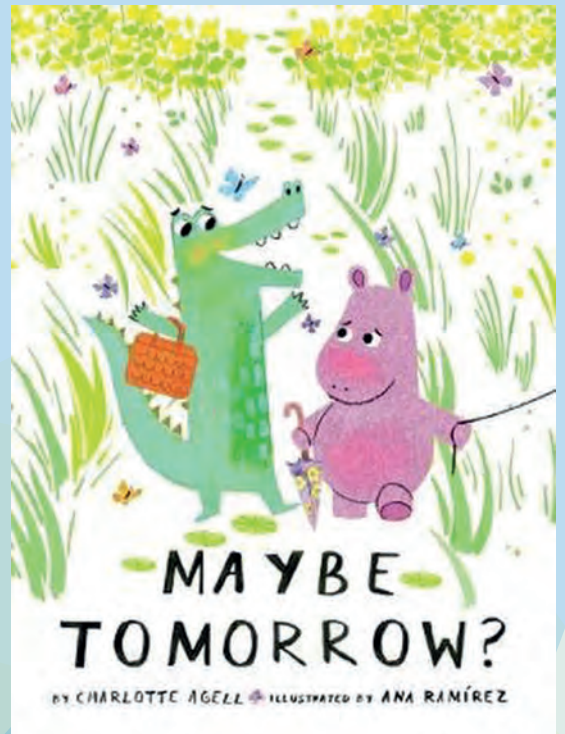
Ages
4-7

Author: Charlotte Agell
Illustrator: Ana Ramirez

In *Maybe Tomorrow?* we learn that sometimes grief can feel like a heavy black box that you have to lug around. But with a little help from the people around us, we can be more **hopeful & optimistic** and the load can become easier to carry. A colorful book with a memorable analogy for anyone who has ever gone through hard times.



Hope & optimism



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The Heart and the Bottle

Ages
5-8

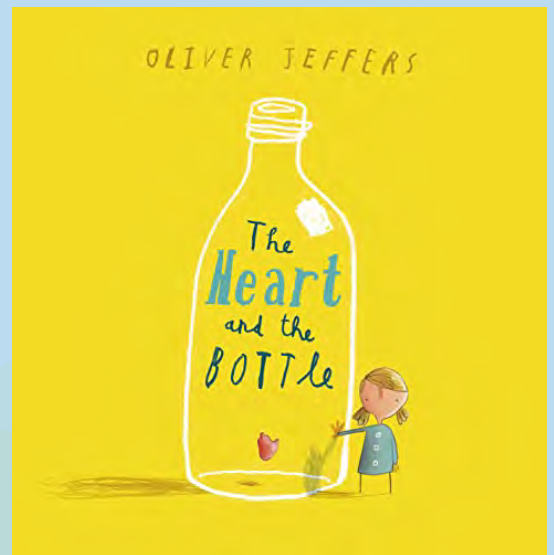
Author: Oliver Jeffers

Illustrator: Oliver Jeffers

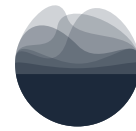


Hope & optimism

Once there was a girl whose life was filled with wonder at the world around her... Then one day something happened that made the girl take her heart and put it in a safe place. However, after that it seemed that the world was emptier than before. But would she know how to get her heart back? In this deeply moving story, Oliver Jeffers deals with the weighty themes of love and loss with an extraordinary lightness of touch and shows us, ultimately, that there is always hope.



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The Light in Everything

Author: Katya Balen

Ages
8-11



Hope & optimism

Tom is still quiet and timid, even though his dad has been gone for nearly two years now. Zofia is the opposite. Inside her there's a raging storm that makes her want to fight the whole world until she gets what she wants. And what she wants is for scaredy-cat Tom to get out of her life. Tom hates loud, unpredictable Zofia just as much, but he's moving into Zofia's house. Because his mum and Zofia's dad are in love...and they're having a baby. Zofia is the opposite. Inside her there's a raging storm that makes her want to fight the whole world until she gets what she wants. Tom and Zofia both wish the stupid baby had never happened. But then Tom's mum gets ill, and it begins to look horribly like their wish might come true. A story of learning to trust, trying to let go and diving into the unknown with **hope** in your heart.



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World Book Day

Ages
4-8

Sunny

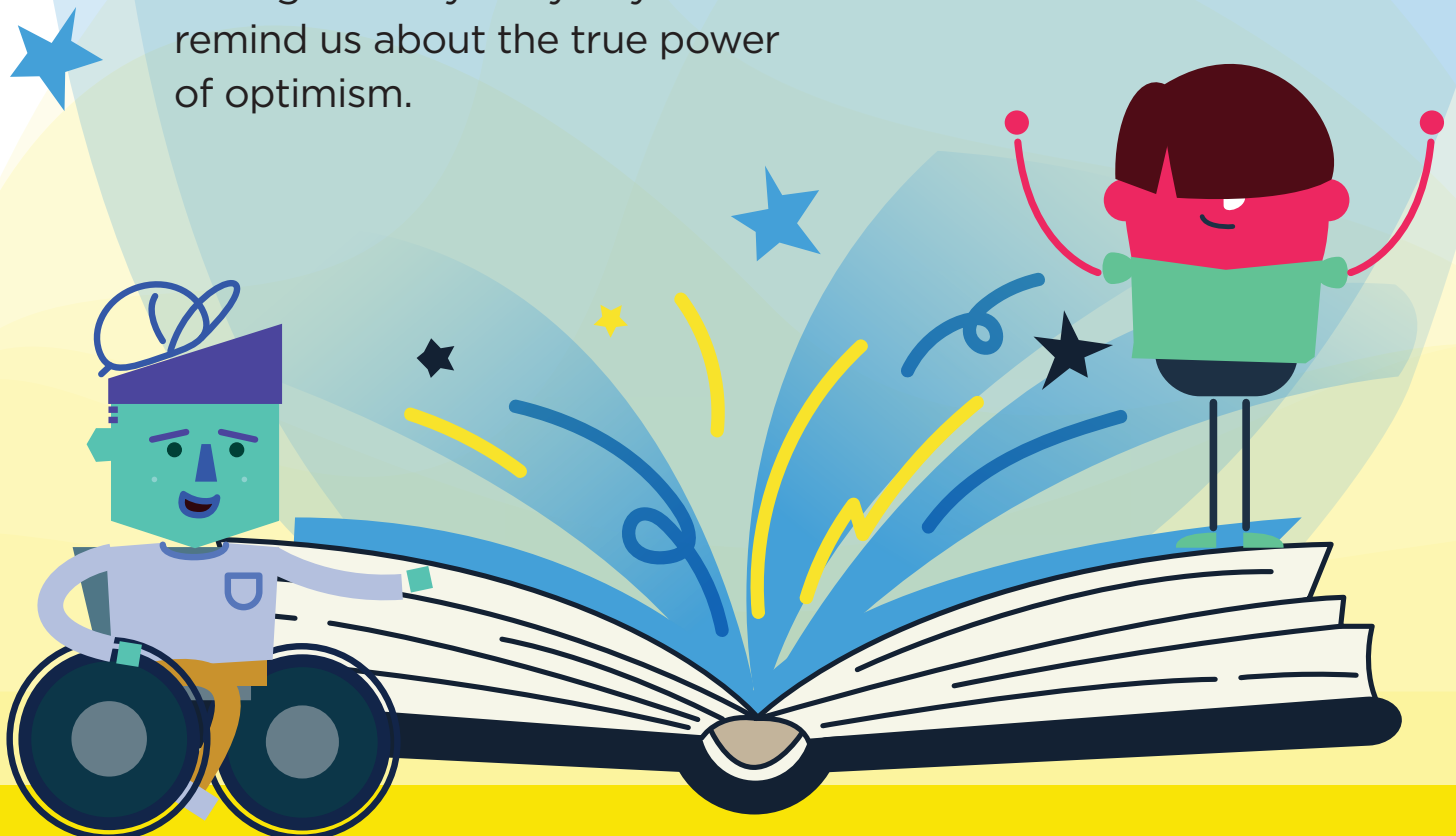
Author: Celia Krampien

Illustrator: Celia Krampien



Hope & optimism

Sunny looks on the bright side of most situations, but it isn't always easy to be **hopeful and optimistic** when you've been carried away on your umbrella and dropped into a stormy sea, when all you were trying to do was to get to school! Luckily, Sunny isn't alone. A beautifully illustrated unforgettable story to brighten any rainy day and remind us about the true power of optimism.



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World Book Day

Everything Possible

Ages
4-5

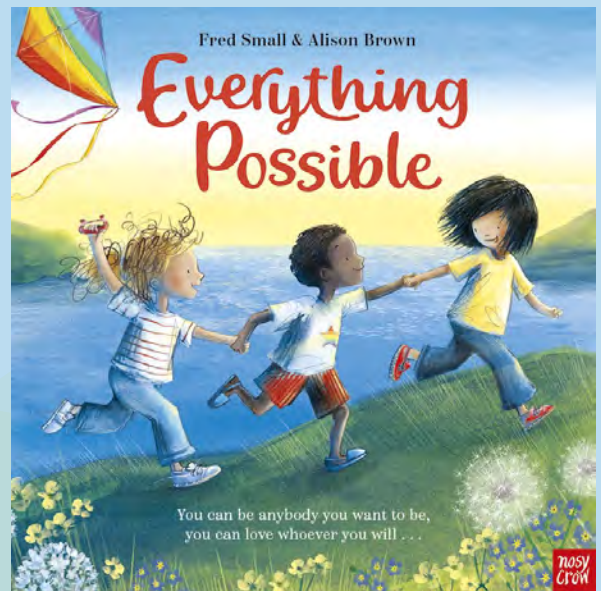
Author: Fred Small

Illustrator: Alison Brown

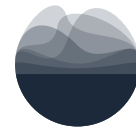
Strong and bold, or quiet and kind, every child is unique and their future filled with possibilities. Based on Fred Small's iconic folk song that became an anthem for generations, and marking its 40th anniversary, *Everything Possible* celebrates love and friendship, gently encouraging children to dream their own dream and choose their own path, wherever it may take them. An inspiring and uplifting picture book for children everywhere.



Hope & optimism



Thursday 7th March



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World Book Day

My Many Coloured Days

Ages
4-6

Author: Dr. Suess

Illustrators: Steve Johnson
& Lou Fancher

In *Maybe Tomorrow?* we learn that sometimes grief can feel like a heavy black box that you have to lug around. But with a little help from the people around us, we can be more **hopeful & optimistic** and the load can become easier to carry. A colorful book with a memorable analogy for anyone who has ever gone through hard times.



Hope & optimism

