

## When the storm rages we teach children to find shelter and create light, calm and change through movement.

What if we could inspire mentally healthy movement to help children become happier, healthier humans, forever?

We believe we can.



## **Board Trustee Recruitment** November 2021

# **An invitation**

Are you passionate about children's mental and physical health? Do you want to positively shape and impact children's lives and create healthy, happy humans? Do you believe it matters and it matters now? Stormbreak supports children's mental health through working with trusted adults and children to embed mentally healthy movement every day for every child. An exciting opportunity has arisen for a new Board Trustee with stormbreak CIO, a registered charity in England and Wales (No 1182771) that aims to improve children's mental health through movement, equipping them with sustainable, transferable skills and coping strategies to thrive during the complex demands of growth into adult life.

### We are looking for an individual to join our Board who has some or all of the following:

- senior experience of driving change and support of children and young people's mental and emotional wellbeing (this may come from a wide range of experiences ideally clinical practice but may also include governance, social policy and care, local authority, education and charity)
- established professional network across the children's and young people's mental health landscape
- desire and capacity to inspire and influence change across a wide range of stakeholders with children and young people's mental and physical well-being
- drive and support stormbreak's equality, diversity and inclusion ambition and agenda
- experience at a senior level within a charity would also be desirable, whether employed or voluntary

At stormbreak, we work together to provide preventative, accessible programmes and services that support organisations, communities, trusted adults and the children in their care to embed mentally healthy movement every day, for every child and in doing so improve children's lives.

And we need help.

For more details of the role, please visit **www.stormbreak.org.uk/trustee** to view our Board Trustee Information Pack.

Stormbreak is committed to being an equal, diverse and inclusive charity accessible for all. The aim is for our workforce, including our board of trustees, to be truly representative of all sections of society and our stakeholders, and for everyone to feel respected, valued and able to give their best. We encourage applications from people of all backgrounds and communities.

#### How to apply

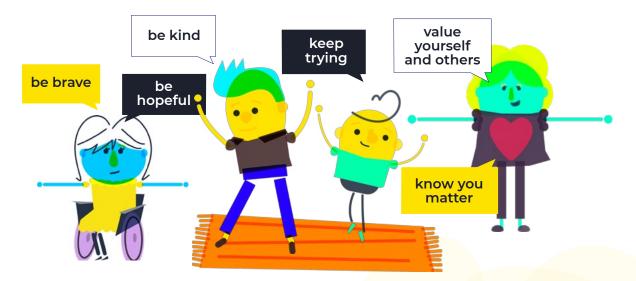
Please send your CV and an accompanying statement (max 2 sides of A4) explaining your interest and motivation in applying and what you believe you can contribute to stormbreak to **hello@stormbreak.org.uk** with the subject header "Be a trustee".

An informal conversation with Dr Martin Yelling, CEO, or one of the Trustees is also available on request via this email address.

Closing Date for all applications: Friday December 17th 2021 5pm

Virtual Interview dates: Week beginning - Monday January 17th 2022

## Take a step to better mental & physical health



### stormbreak.org.uk



stormbreak CIO is a Registered Cha<mark>rity in England & Wales (1182771)</mark> Unit 10 Branksome Park House, Branksome Busin<mark>ess Park, Bourne Valley Road, Poole BH12 1ED</mark>